

BRIDGER BOWL

2012 SKI P.E. GUIDE

A Ski PE trip consists of 25 or more students from a school, the trip coordinator and chaperones (maximum of 1 chaperone per 4 students at the discount rate). We accept participants in grades 1 – 12, but recommend participants be grades 3 - 12. **Participants must be age 7 or older.** By mountain safety policy, children ages 6 and under, will not be able to be in the Ski PE program. They can however, and are encouraged to participate in our First Tracks lessons on the same day and time as your school group, as available. Call for pricing and availability.

Cost: \$12.00	LESSON Required for all students. (Regularly \$35)
\$7.00	LIFT Required for all students and chaperones that do not hold season passes. (Reg. \$16 age 7-12, \$47 over 12 yrs)
\$10.00	SKI or SNOWBOARD RENTAL through Bridger Bowl Rental Shop. (Reg. \$20-\$25)
\$5.00	HELMET RENTAL

Our address is: Bridger Bowl Ski Area
 Snowsports School
 15795 Bridger Canyon Road
 Bozeman, MT 59715
 NEW!!! skischool@bridgerbowl.com
 Phone: (406) 556-5662 FAX: (406) 556-5729

TRIP COORDINATOR DUTIES

The trip coordinator may be a school employee, a parent, or another adult associated with the school. The coordinator is the liaison between the students/parents and the Snowsports School and we ask that all communication to us regarding your trip be done through the coordinator. Your duties as the coordinator are:

BEFORE THE TRIP

- ❑ Distribute program Registration and Rental forms to the participants and chaperones. Provide yourself plenty of time for turn around. Ideally, you want them **back to you** approximately 3 weeks before the trip. **Bridger Bowl needs the forms 2 weeks prior to trip.**
- ❑ Collect the forms and review them to ensure they are complete and signed. Gather any missing information from parents.
- ❑ Complete the Participant List. Mail the Participant List, Registration and Rental forms to the Snowsports School to arrive 2 weeks before your trip date. We charge according to your Participant List, so please be as accurate as possible. If you have forms for future trips, please retain them and submit them with that trip's paperwork.

- ❑ Call the Snowsports School with any changes, cancellations, substitutions, etc. The Rental Shop requests any changes be made by 10:30 am the day before the trip to avoid a \$5.00 charge.
- ❑ Organize the chaperones. A suggested chaperone duties list is enclosed.

ON THE TRIP DAY

- ❑ Take attendance the morning of the trip using your copy of the registration list.
- ❑ Check in at the Snowsports Desk in the Jim Bridger Lodge at 9:30, and notify us of any attendance changes. Your payment is based on the information on the PARTICIPANT LIST, including any rental cancellations.
- ❑ We ask that payment be made on the day of the trip by credit card or one check payable to Bridger Bowl.
- ❑ Lift tickets are given to you upon payment. It's a good idea to recount the tickets before distributing them to the chaperones and students prior to the start of lessons. Tickets and attachments should be accounted for carefully as they are non-replaceable.
- ❑ The Coordinator's lift ticket and rental are complimentary.

PARTICIPANT LIST

- **An alphabetical PARTICIPANT LIST is needed for each trip and must reach the Snowsports School two weeks prior to the trip.** This allows both the Snowsports School and Rental Shop to review the paperwork, enter the data, and schedule staff. Program Registration and Rental forms need to accompany the Participant List.
- Please list all students in alphabetical order with last name first. **Do not separate by grade or classroom.** Group chaperones together alphabetically on a separate sheet.
- **Mark each item needed by a student with an "X," except snowboard lessons, which are marked with an "S."** Lessons are required for all students.
- Bridger Bowl will continue to accommodate a limited number of students who are considered hardships, but we ask that the school do the proper screening and indicate those participants with an "X" in the "Hardship" column on the PARTICIPANT LIST.

If you create a spreadsheet on your computer, please make your list look as similar to ours as possible. Please don't switch column order, number of students per page, or the heading information, and print it in Portrait layout. If you need assistance with your computer set up, please call. We may be able to help you, depending on the program you use.

REGISTRATION FORM & RENTAL FORM

- All participants complete a REGISTRATION FORM - including renters and non-renters. Chaperones do not need a REGISTRATION FORM unless they are taking a lesson.
- Participants needing Bridger Bowl ski, snowboard or helmet rentals also complete the RENTAL FORM. Encourage parents to get accurate height, weight, shoe size and ability

and review the "**Skier Type Chart**". When sending the RENTAL FORM home, it must include the Skier Type Chart. **It is important that parents understand that the selection of Skier Type I, II or III has nothing to do with class placement, it determines the release/retention settings of the participant's bindings!**

- Please alphabetize the REGISTRATION FORMS, review them for missing information and complete as needed. Send them back to us along with your PARTICIPANT LIST all to arrive in Ski School office two weeks prior to trip.
- The wording on the REGISTRATION FORM cannot be crossed out, added to, or altered in any way. **Only use forms dated for the current season.** (Please discard old forms).
- **The REGISTRATION FORM and RENTAL FORMS are only completed by a participant once per season, regardless of the number of trips they attend, unless renters switch from skis to snowboard or visa versa.**

CHAPERONES

Schools may have up to one chaperone per four students at *the PE lift and rental rate*. The coordinator does not count as a chaperone. **The chaperone's role is to assist the students at morning orientation, rental check out, during non-lesson time and during rental check in.** All chaperones should have assigned duties before and after the lesson. Some schools find it helpful to station a chaperone in the Saddle Peak Lodge to provide their students with access to adult assistance whenever needed. All chaperones must be 18 years of age or older and arrive with the school. Chaperone children who are not a part of the attending school and grades are not eligible for the program.

SUGGESTED CHAPERONE ASSIGNMENTS MIGHT BE:

- ❑ Escort students from the bus to the cafeteria in the Saddle Peak Lodge.
- ❑ Guide students through the rental process and help them put on their boots. Avoid multiple layers of socks. Have only the socks inside the ski boots. Pull long johns to just above the boot and put snow cuffs or pants on the outside.
- ❑ Escort students to the lesson meeting area at 10:15. Wait at your assigned flag color until an instructor is assigned to those students.
- ❑ Meet students at the end of the lesson at 12:00 for lunch. In front of Saddle Peak Lodge.
- ❑ We will sort the students into color groups associated with an ability level. After the arrival talk by the Snowsports School staff, students will report to a corresponding Flag in the meeting area. The flag color should give you an idea of the group's skiing/riding ability.

SKIING

- Red Flag** - First time on skis or cannot yet stop unassisted. Will work toward learning to turn to a stop and riding the **Snowflake lift, but some students may not be ready for lift riding after the lesson and should remain in the learning area.**
- Blue Flag** - Can make wedge (skis in the letter A position) or beginning parallel turns; Controls speed and direction. Skis all green runs, rides **Virginia City and Powder Park lifts.**
- Yellow Flag** - Solid turner, skis green and easy blue runs, rides **Alpine lift**
- Black Flag** - Mostly parallel turns; skis all groomed terrain including easy advanced runs; rides **Pierre's Knob lift.**

White Flag – Parallel turns, skis all groomed terrain confidently. Beginning bumps, powder.
Purple Flag - Expert parallel turns; skis all terrain including bumps and powder; **rides all lifts.**

SNOWBOARD (Will meet for the lesson in one location and be divided by ability once we see them ride.)

Never Ever - Has never snowboarded before. Will work toward riding the **Snowflake lift.**
Beginner - Can ride a beginner lift and negotiate a beginner run. Can sideslip. Can make a turn from heel side to toe side or vice versa. **Virginia City and Powder Park Lift**
Intermediate - Can link turns in both directions. Rides all beginner runs and some intermediate runs. **Alpine Lift.**
Advanced - Rides all terrain and snow conditions. **Pierre's Knob, Bridger Lifts.**

- ❑ If your flag color does not have their lesson at 10:30, ski with the students until lunch and then have them back at the flag for their lesson at 12:25. Their lesson will end at 2:00.
- ❑ Assist the students with rental equipment return at the end of the day.
- ❑ Assist the trip coordinator in accounting for all students before leaving.

ORIENTATION, LESSONS AND RENTALS

ORIENTATION

Students and chaperones should gather in the cafeteria of the Saddle Peak Lodge (approx. 9:30 A.M.). There may be other schools participating that day as well and we will do one orientation to all groups. If you are the only group and prefer to have your orientation on the bus we can arrange to do so. On subsequent trips no orientation is necessary; simply gather the students in the cafeteria while you check in at the Snowsports School desk, and we will let you know when they'll be ready for you in the Rental Shop.

SKI LESSONS

Lessons are taught by Bridger Bowl Snowsports instructors and are 1 1/2 hours in length. **Lessons will be at 10:30 a.m. or 12:30 p.m., with priority given to beginner students at 10:30.** The students will gather outside at 10:15 a.m. at the colored flag that matches their ability description. Depending on the number of students in the program that day, **intermediate and advanced lessons may be held at 12:30 P.M. Therefore, you might wish to assign chaperones to meet at the flags & ski with those students during the morning if necessary.** Chaperones wishing to join a class will be accommodated on a space available basis at the \$12.00 rate and they must sign a release.

SNOWBOARD LESSONS

Due to the fact that the Snowsports School has a proportionally smaller number of snowboard instructors than ski instructors, we are able to accommodate a smaller number of snowboard lessons. In addition, snowboard lessons are available provided there is a minimum of three students at an ability level.

BRIDGER BOWL SKI RENTAL

Ski/ boot/ binding selection and adjustments are made based on the information provided to us on the Ski Rental form. It is important that this information be accurate and complete.

Parents must read the "Skier Type Chart" information on the Rental Form and choose their child's Skier Type. The "Skier Type" information is used to determine the release/retention settings of the participant's bindings. It is not used for class placement.

The Rental Shop staff begins setting up the skis on the day before your trip. Equipment will be ready when you arrive. Any changes or cancellations involving rental equipment should be called in by 10:30 A.M. the day before the trip or a \$5.00 cancellation fee will be charged.

If students are bringing their own snowboard it must be a snowboard with metal edges, bindings and a retention device.

MISCELLANEOUS INFORMATION

ADDITIONS AND CANCELLATIONS

Additions, cancellations, or substitutions of students (or chaperones needing rentals or lift ticket) must be made by 10:30 a.m. the day prior to the trip. A \$5.00 fee per rental cancellation is charged after that time. **Because of rental availability and liability, we cannot accommodate the addition of non-registered participants the morning of the trip.** Trip cancellations may move the group to inactive status.

CLOTHING

We recommend that students dress in layers, such as a turtle neck and sweater, topped with a warm parka. A hat or headband and waterproof mittens or gloves are essential regardless of the weather. Roomy waterproof pants are recommended rather than cotton jeans. Jeans are often too tight to fit over the ski boots and are cold when wet.

One pair of socks is better than two pair of socks because it allows for better circulation and less sweating. Switching to clean dry socks at lunch time is a trick the pro's use to keep their feet warm. Goggles or sunglasses are suggested for protection from sun/snow. It's a good idea for your school to bring extra gloves, hats, socks, etc. in case some of your students are not dressed warmly enough.

WEATHER CANCELLATIONS AND WIND CLOSURE

There are days when we may mutually decide to cancel your trip due to extreme cold weather. We take into consideration a number of factors including temperature, wind, predicted high temperature, and temperature inversions (when the temperature is higher with increases in elevation). That decision is generally made at 7:00 am and we will call you at the home phone number you provided for our database. Should we need to cancel, we will try to reschedule your group.

Rarely, high winds force lift closures. If the majority of the lesson is canceled due to wind and we do not reopen, every effort will be made to reschedule. If a wind closure occurs after the majority of the lesson has been received, and we do not reopen that day, the retail value of the program will have been expended and no refunds will be given.

EAGLE MOUNT

Students with disabilities who would like to ski on the Ski PE day can often be accommodated through arrangements with Eagle Mount. Contact Eagle Mount at 586-1781. The student is included on the registration list, completes all necessary forms, but does not pay for the lesson portion. Write Eagle Mount in the lesson column for that student.